

NEURO-OPHTHALMIC DISEASE CASES

Presented by Kelly A. Malloy, OD



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Dr. Malloy is a consultant and speaker for Osmotica Pharmaceuticals and RVL Pharmaceuticals, which has no association with anything in this lecture.

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CASE 1




5 year-old girl

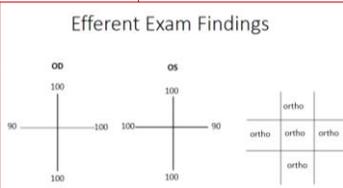
- Had routine eye exam 3 months ago, but was unable to stay for dilation.
- She is just here for the DFE
 - She has been getting occasional frontal headaches
 - They have not affected her daily activities
 - Already mentioned it to her pediatrician
 - Normally complains of headaches when at school (1x/month)
 - Only complained of headache once on a weekend, but she was in the mall and hungry



Afferent Exam Findings

- VA: OD 20/20 - OS 20/20-
- Pupils isocoric, (-)RAPD
- CF: full to finger count and red targets OU
- Color: OD 13/14 OS 13/14
- Unable to do HVF

Efferent Exam Findings

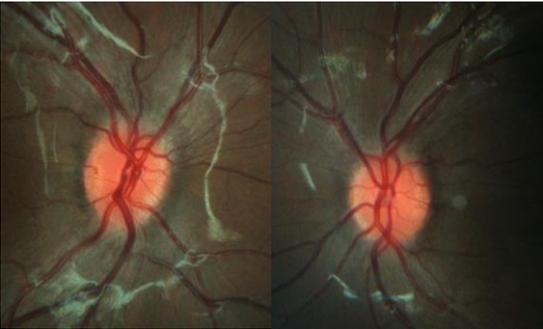


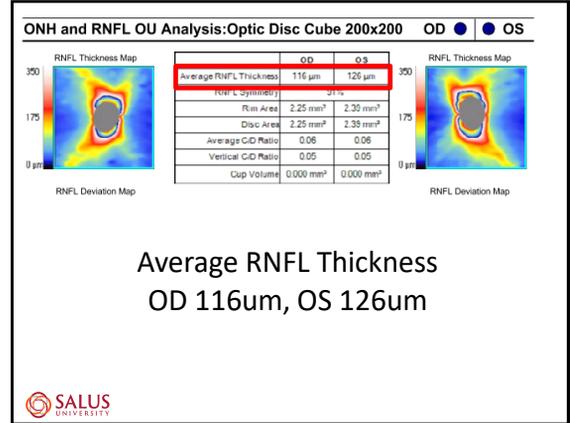
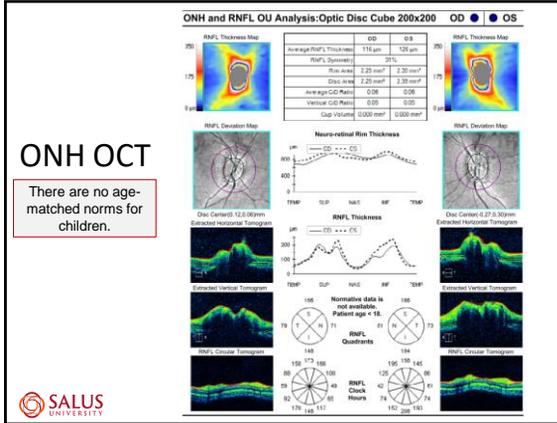
No ptoxis
No proptosis

Horizontal end gaze nystagmus, symmetric in both right and left gaze. Goes away with prolonged fixation and bringing gaze in by 30 degrees. No vertical nystagmus.



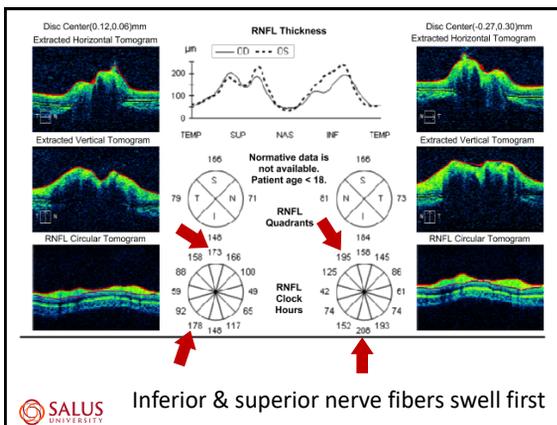
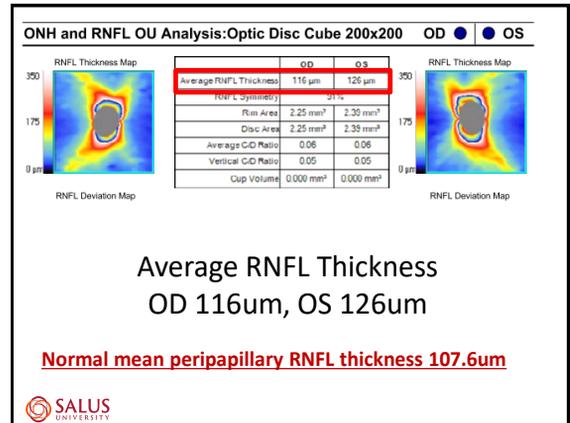
ONH Appearance (no SVP)



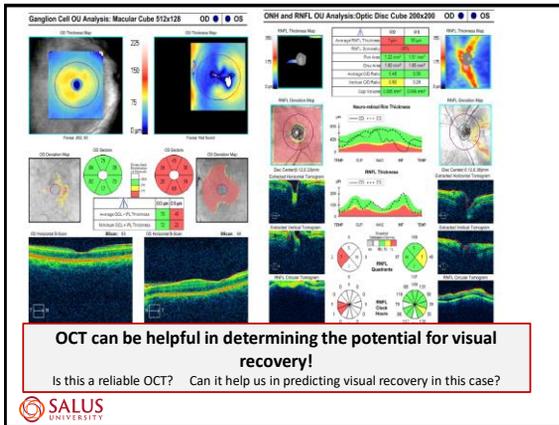
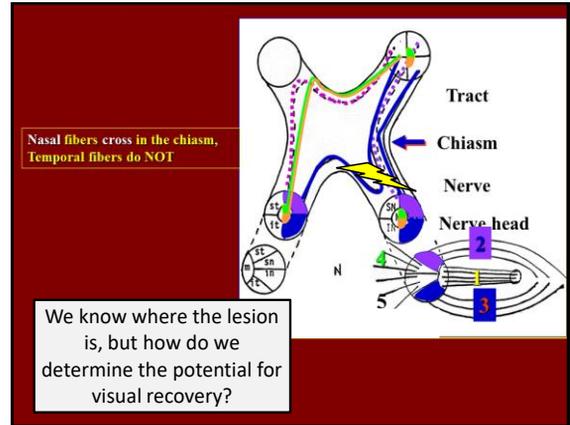
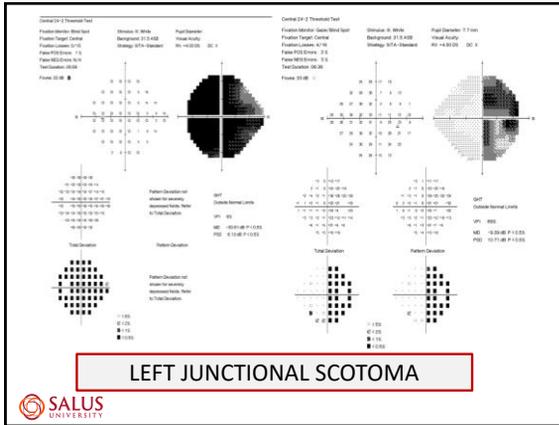
Yanni et al Am J Ophthalmol. 2013 February ; 155(2): 354–360

- 83 healthy North American **children aged 5-15** – attempt to determine normative data using the Spectralis SDOCT.
- Taking the 5th to 95th percentile data from these children as representing normal values – **mean peripapillary RNFL thickness 107.6µm.**
- this is significantly higher than normative data for adults
- This difference is explained by the fact that even healthy individuals experience RNFL thinning with age.



Medulloblastoma with Drop Mets

PAPILLEDEMA IS PAPILLEDEMA
THE DEGREE OF SWELLING GIVES NO INDICATION OF THE ETIOLOGY
SO, EVEN MILD PAPILLEDEMA IS A MEDICAL EMERGENCY



Clinical Study
Optical coherence tomography predicts visual outcome for pituitary tumors

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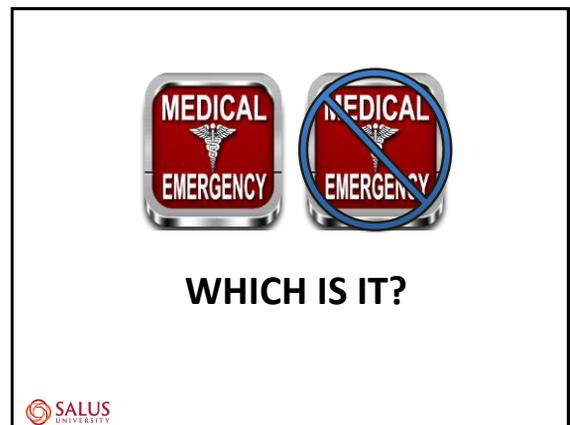
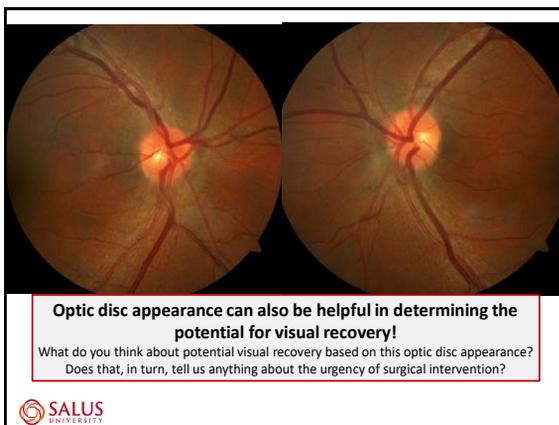
ARTICLE INFO

ABSTRACT

We evaluate the relationship between optical coherence tomography (OCT) of the retinal nerve fiber layer (RNFL) and visual outcome contrasted over long-term visual recovery in 107 patients undergoing pituitary decompression. Recently, it has been recognized that OCT of the RNFL has prognostic value in predicting visual outcomes after surgery for chiasmatic compression caused by pituitary tumors. Patients were followed up at three time points: pre-operative (visit 1); 10 months post-operative (visit 2) and 15 months follow-up (visit 3). We found that patients with thin pre-operative RNFL had more severe visual field defects (mean deviation [MD]: -9.23 versus -3.96 decibels [dB]; $p < 0.001$) but pre-operative visual acuity (VA) was good in both normal and thin RNFL groups (Snellen VA 6/5 and 6/4; $p = 0.038$). For those with thin RNFL the greatest improvement was between visit 2 and 3 (MD: -7.1 dB versus -4.4 dB, respectively; $p = 0.001$) compared with pre-operative - 0.8 dB. Normal RNFL patients showed greatest improvement between visits 1 and 2 (pre-operative -4.8 dB, visit 2 -2.0 dB, visit 3 -0.8 dB; $p < 0.001$). For long-term follow-up, 81.0% of eyes with normal RNFL, compared to 37.1% with thin RNFL ($p < 0.001$), achieved an MD of ≥ -2.00 dB (final visit). At final follow-up, 97.2% of normal RNFL eyes achieved VA of 6/12 or better compared with 88.2% with thin RNFL ($p = 0.014$). Our results indicate that **long-term visual recovery after surgical decompression of chiasmatic lesions is predicted by preoperative OCT RNFL**. Patients with **normal optic disc thickness** show an **increased propensity for visual recovery**. This effect continues after long-term follow-up; however, **most visual recovery occurs within the first 6-10 weeks**.

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Danesh-Meyer HV, Wong A, Papchenko T, et al. Optical coherence tomography predicts visual outcome for pituitary tumors. *Journal of Clinical Neuroscience*. 2015;22(7):1098-1104



Based on the VF defect, we localize this to the sellar region.

The VF loss is dense and both superiorly and inferiorly, so we know the lesion is large.

The OCT tells us that although there is compression, it is very likely that the visual function can improve significantly with surgical intervention.

Surgery needs to be done before the vision loss becomes irreversible.

So, this becomes more urgent...




When should neurosurgery be contacted urgently or emergently?




When should neurosurgery be contacted urgently or emergently in regard to sellar lesions?

Answers:

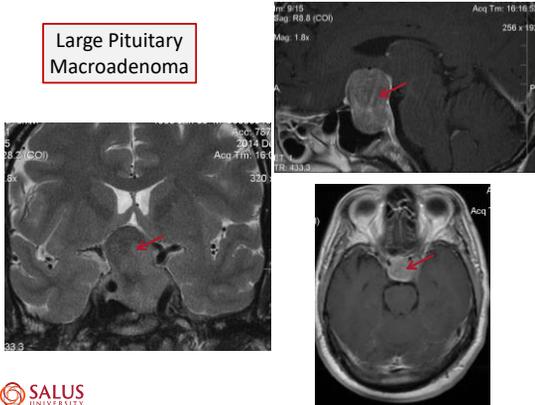
1. Acute visual loss
2. Apoplexy (Sudden onset severe HA, vision decline, lethargy)
3. Significant endocrinopathy with fatigue, hypotension (hypocortisolism, hyponatremia, hypothyroid)

How should that be done?

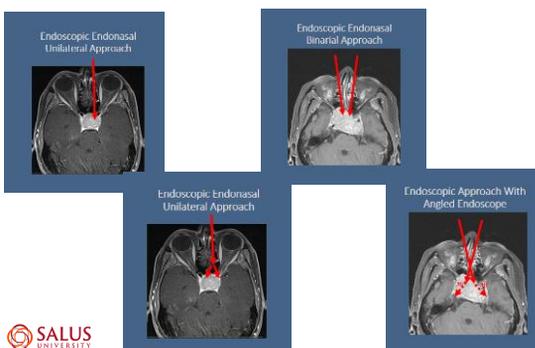
Get acquainted with your local neurosurgeon.



Large Pituitary Macroadenoma



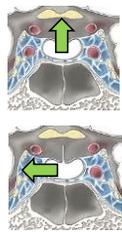

Surgical Treatment




Pituitary Macroadenoma

Post-operative Management

- Vision
- Fluid balance (DI)
- Hypocortisolism
- Hyponatremia / SIADH
- Sinonasal issues

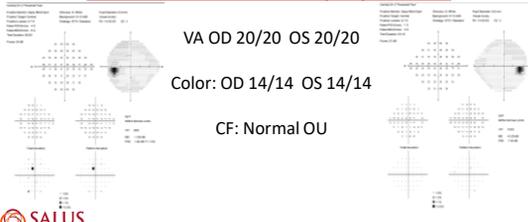



Underwent endoscopic transnasal resection within 24 hours of presenting to The Eye Institute Emergency Service.

Post-surgical testing showed somewhat low am cortisol levels
 Started on Decadron 0.5mg.
 Scheduled with endocrinology.

One Month Follow-Up Eye Exam:

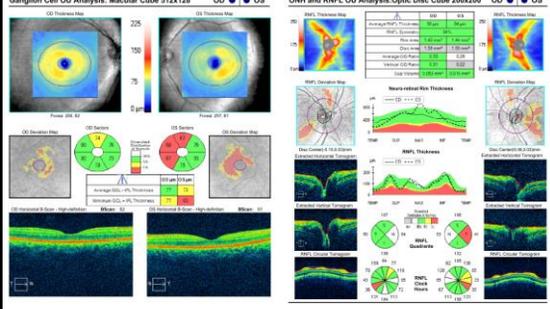
VA OD 20/20 OS 20/20
 Color: OD 14/14 OS 14/14
 CF: Normal OU



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Ganglion Cell OU Analysis: Macular Cube 512x128 OD OS

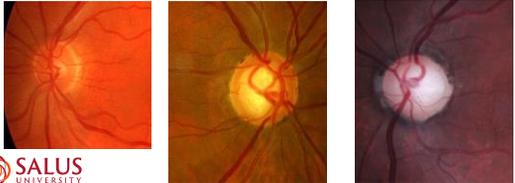
ONH and RNFL OU Analysis: Optic Disc Cube 200x200 OD OS




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CHIASMAL SYNDROME

- PAINLESS, ASYMMETRIC VISUAL LOSS
- OPTIC NERVE DYSFUNCTION (tests of afferent function)
- VF RESPECT FOR THE VERTICAL
- **ACQUIRED CUPPING & NEURORETINAL RIM PALLOR**
 **** (50% HAVE NORMAL ONH)



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If Pituitary Adenoma is Suspected but Without Acute Vision Loss

Both imaging and pituitary function lab testing should be obtained prior to the neurosurgical consult (except in emergent cases).

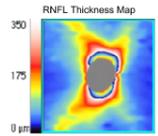


- Prolactin
- AM Cortisol
- ACTH (adrenocorticotropic hormone)
- IGF-1 (insulin-like growth factor 1)
- GH (growth hormone)
- TSH (thyroid stimulating hormone), ft4
- LH, FSH (luteinizing hormone, follicle stimulating hormone)
- Testosterone / Estrogen

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IMPORTANCE OF OCT TESTING

- The last 2 cases demonstrated how the OCT can be critical in both diagnosis an determination of treatment / timeframe of treatment
- Be aware of OCT norms and artifacts
- Use your OCT to its full potential!



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CASE 3

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54 Year-Old Woman

- Referred by OD for evaluation /management of presumed optic neuritis
 - Patient awoke this am with reduced vision OS
 - Vision loss persists into afternoon
 - Denies eye pain (even with movements) or headache, or any other symptoms
- Systemic history is unremarkable.
 - No DM, HTN, hypercholesterolemia
 - Does not know her family history
 - No tobacco, alcohol or drug use



Exam Findings

VA: OD 20/20 OS 20/50
 Color: OD 14/14 OS 2/14
 Pupils:
 Equally anisocoric in bright & dim
 (+) 1.2 log RAPD OS

So, is this optic neuritis?

- There is some RNFL elevation
- Does this mean optic neuritis?

	OD	OS
Average RNFL Thickness	119 μm	117 μm
RNFL Deviation	7%	7%
RNFL Deviation	1.8 mm	1.8 mm
Average C/EPH	0.36	0.30
Vertical C/EPH	0.34	0.34
Horizontal C/EPH	0.37	0.26
Optic Volume	1.72 ml	1.72 ml

Let's look a little more closely...

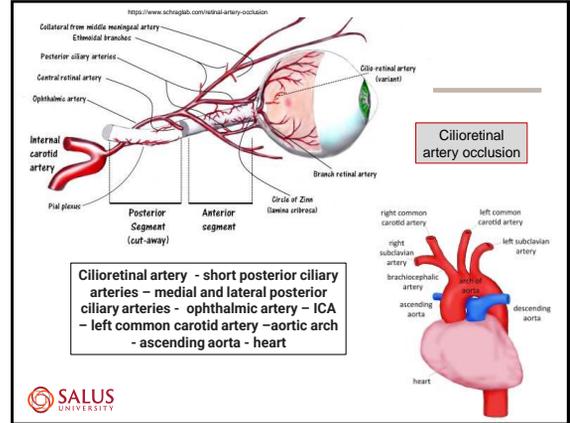
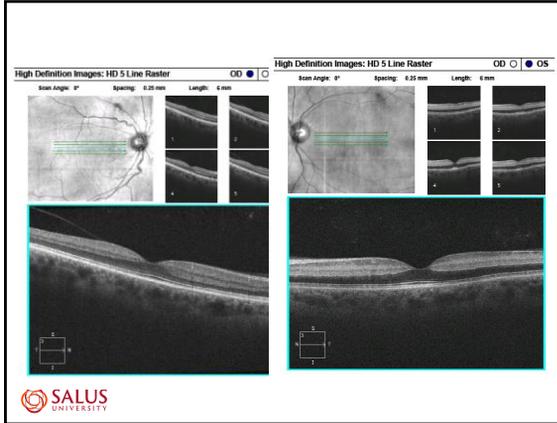
So, is this optic neuritis?

What about now?

This should help...

Ganglion Cell IUI Analysis: Macular Cube 200x200

Macula Thickness CIE: Macular Cube 200x200



Assessment & Plan

- What needs to be done?
- How urgent is the work-up?

Is This An Emergency?

45

Assessment & Plan

- What needs to be done?
 - TREAT THIS LIKE AN ACUTE STROKE
 - ◆ Neuroimaging to rule out stroke
 - ◆ Cardiac eval to rule out MI / other heart / vascular issues
 - ◆ Labs
- How urgent is the work-up?
 - Emergent – to nearest ED with a stroke center

- **Acute retinal artery occlusion IS an acute stroke.**
- Send to ER to r/o other infarcts to brain (MRI)
- Work-up to otherwise include:
 - Carotid circulation evaluation
 - Cardiac evaluation
 - Lab testing
 - **Bubble Study**
 - Others

Clinicians can test for PFO by injecting contrast/micro bubbles (agitated saline) intravenously and monitoring their passage through the atria.

DX: Retinal artery occlusion secondary to patent foramen ovale (PFO).

TX: Blood thinners vs PFO closure

Blood Flow in Heart With Patent Foramen Ovale (PFO)

This hole allows small venous blood clots, which would normally get filtered by the lungs, to get into the arterial blood stream, causing a cerebral stroke or a retinal artery occlusion.

Patent foramen ovale (PFO) (or atrialseptal defect) needs to be considered in all cases of cryptogenic, or unexplained, stroke.

Treated with anticoagulant therapy or surgical device closure.

AMPLATZER™ PFO occluder device (Abbott) is the only device approved by the US Food and Drug Administration for transcatheter closure of a PFO.



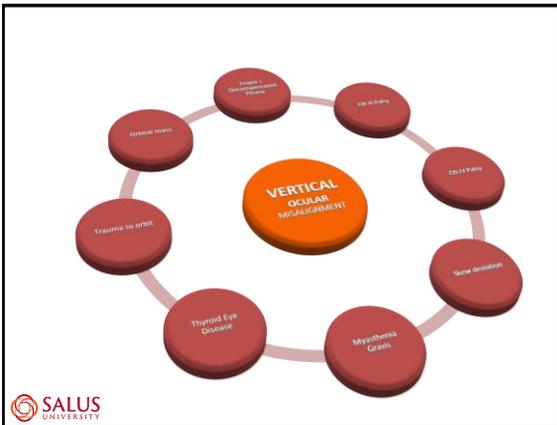
CASE 4




93 year-old woman

- Sudden onset **vertical diplopia**
 - x 1 week
 - At distance and near
 - Relief with closing either eye
- Associated blur
- **Left upper eyelid droopy**
 - x 1 week
- **Eye pain OU** x 1 week
- **Generalized weakness** x 1 week

- Systemic history
 - Hypertension x 30 years
 - Hypercholesterolemia
 - Arthritis
 - Ovarian cancer 30 years ago

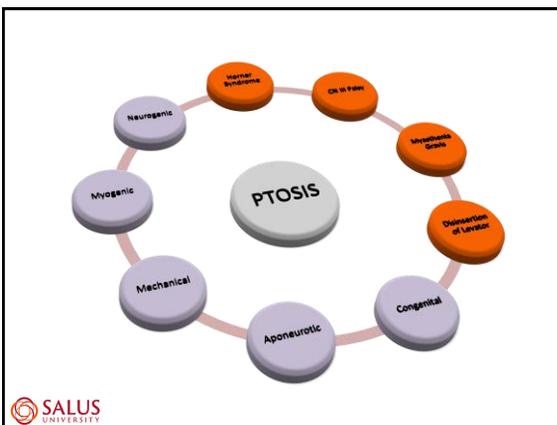
Exam Findings

- VA: 20/25- OD 20/20- OS
- Color 13/14 OD 13/14 OS
- (-) RAPD
- CF: full OU
- IOP: 10 mm Hg OU
- DFE: Healthy optic discs, small cupping OU
- (-) edema OU , (-) pallor OU
- **Neurologic examination**
 - **Mild left upper extremity weakness**



Palpebral apertures: 11 mm OD and 7 mm OS

Exophthalmometry: 17 mm OD and 18 mm OS



Bright



Dim



Dim

Pupils Isocoric (not suggestive of autonomic NS problem)

When there is asymmetric palpebral apertures, we must measure pupil sizes in bright and dim to determine if there may be a problem with the autonomic nervous system.



9

Ocular Motility

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Ocular Motility

Head tilt: 20 right hyper on right head tilt, and 18 right hyper on left head tilt

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What is the cause of the supraduction deficit?

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What is the cause of the vertical misalignment / supraduction deficit?

- CN III Palsy – superior division
- Myasthenia Gravis
- Thyroid Orbitopathy
- Skew Deviation
- CN IV Palsy

Is the asymmetric palpebral aperture related to the ocular misalignment? Or is that an unrelated aponeurotic ptosis?

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What is the cause of the vertical misalignment / supraduction deficit / ptosis?

- **CN III Palsy** – partial? superior division
 - Forced Duction: negative (no restriction)
- **Myasthenia Gravis**
 - Forced Duction: negative (no restriction)
- **Orbital Mass**
 - Forced Duction: positive (restriction)
- **Thyroid Orbitopathy**
 - Forced Duction: positive (restriction)
- **Skew Deviation**
 - Torsion: higher eye intorted
- **CN IV Palsy**
 - Torsion: higher eye extorted

CN III and skew deviation would be emergent. We would need to r/o an aneurysm and stroke, respectively.

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The eye moved up somewhat, but not fully. We called it an equivocal forced duction test.

There was no torsion on double Maddox rod testing.

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WHICH IS IT?



Work-Up

- **Could be a partial CN III palsy**
 - Get MRI / MRA to r/o aneurysm
- Get labs to r/o other causes
 - CBC with differential, platelet count, ESR (Westergren), C-reactive protein
 - Lyme titer CN III palsy could be caused by GCA!
 - RPR, FTA-ABS
 - ACE
 - Acetylcholine receptor antibody testing (binding, blocking and modulating),
 - TSH, t4 and anti-thyroid antibodies (anti-thyroperoxidase, anti-thyroglobulin, TSI – thyroid stimulating immunoglobulin, TSH receptor antibody)



Results

- MRI report
 - mild bilateral proptosis
 - prominent orbital fat
 - mild fatty atrophy of inferior, lateral, and medial rectus muscles OU
- Lab testing
 - elevated TSH at 9.55
 - T3 at 37
 - thyroglobulin antibodies at 1790
 - thyroid peroxidase antibodies at > 1000

Elevated TSH indicates hypothyroidism.
 Low T3 indicates hyperthyroidism.

Confirms thyroid dysfunction and likely thyroid eye disease (Hashimoto's thyroiditis)!



Diagnosis / Treatment

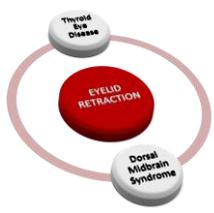
- DX: autoimmune thyroid disease with subclinical hypothyroidism and mild thyroid orbitopathy
- Endocrine consult
 - started on levothyroxine 25mcg daily

But, since it could have been a partial CN III palsy, we still needed to r/o aneurysm!




What about the ptosis?

PSEUDO-PTOSIS!!
 (thyroid eye disease)



It was lid retraction in the fellow eye!



6 week follow-up

Pt reports no diplopia x 2 weeks, and lids now symmetric.



MILD TED

58% regress with achieving a euthyroid state



THYROID ANTIBODIES

- In many patients with hypothyroidism or hyperthyroidism, lymphocytes react against the thyroid (thyroid autoimmunity) and make antibodies against thyroid cell proteins.
- THYROID ANTIBODIES
 - Thyroid peroxidase antibody
 - Elevated TSH indicates hypothyroidism. Low TSH indicates hyperthyroidism.
 - Ex: elevated thyroid peroxidase antibody or thyroglobulin antibody in a patient with hypothyroidism indicate **HASHIMOTO'S**. In this case, the antibodies are **NOT** used to monitor response to treatment. We use the TSH and FT4 for that.
 - Thyroglobulin antibody
 - Thyroid Stimulating Immunoglobulin (TSI)
 - Ex: elevated TSI and TRAb in a patient with hyperthyroidism can be associated with Graves' Disease. In this case, we **CAN** use the antibodies to assess response to treatment.
 - Thyrotropin receptor antibody test (TSHR or TRAb)
 - TSH Receptor Antibody (TRAb) is the primary autoantigen in Thyroid Eye Disease or Graves Disease



COMMON THYROID CONDITIONS

- Grave's Disease**
 - Autoimmune disease in which the immune system attacks the thyroid and causes it to make more thyroid hormone than the body needs
 - Common cause of **HYPERTHYROIDISM**
 - Affects more women than men
 - About ¼ - ½ people with Graves' develop TED
- Hashimoto's Thyroiditis**
 - Autoimmune disease that damages the thyroid gland, decreasing production of T3 and T4
 - Most common cause of **HYPOTHYROIDISM**
 - Affects more women than men

Hypothyroidism is among the most frequent chronic diseases in the elderly



THYROID EYE DISEASE

- INFILTRATIVE ORBITOPATHY**
 - Red Eye
 - Ocular Inflammation
 - Eyelid Edema
 - Proptosis
 - Motility Restriction
 - Optic Nerve Compression (OPTIC NEUROPATHY)

TED can affect efferent visual system and the afferent visual system!

It is important to diagnose TED early and treat as needed in attempt to prevent TED associated optic neuropathy.



MOTILITY RESTRICTION

- INFERIOR RECTUS 60-70%
- MEDIAL RECTUS 25%
- SUPERIOR RECTUS 10%
- DIURNAL VARIATION
- GAZE INDUCED IOP RISE (upgaze > lateral gaze)



INFERIOR Rectus is the most commonly involved muscle in TED, which would cause a problem with UPGAZE (muscle BELLY is involved not letting back of globe move down)



TOBACCO USE AND TED

Need to Educate Patients on Worse Prognosis of Thyroid Eye Disease (TED) with Smoking.

Pts with TED, or even thyroid dysfunction, need to be educated to stop smoking.




HOW TO CLASSIFY AND STAGE TED TO DETERMINE THE PROPER MANAGEMENT PLAN (newer classifications)

- VISA (vision, inflammation, strabismus, appearance)
- EUGOGO (European Group of Graves' Orbitopathy)

Both Systems Consider Both Severity and Activity



Teprotumumab (Tepezza)

- Warnings and Precautions
 - Pre-existing IBD
 - May cause exacerbation of preexisting IBD
 - Monitor for flare of IBD
 - May need to d/c med
 - Hyperglycemia (IGF-1)
 - 10% of patients (not all in preexisting diabetics)
 - BS should be checked before and during treatment
- Potential adverse reactions:
 - muscle spasms
 - hearing impairment (hypacusis/tinnitus)
 - Nausea
 - Vomiting
 - Diarrhea
 - Alopecia
 - Headache



CASE 5



30 yr-old woman with diplopia

- Diplopia noticed 1 month ago
- Constant horizontal diplopia
- Intermittent headache and eye pain
- Had eye exam 2 weeks ago – given glasses to correct astigmatism
 - Diplopia remains
- Other symptoms: fatigue, coldness (anemia)



- Medical Hx:

- 2 full-term pregnancies and births
- Severe anemia after 2nd child, requiring a transfusion
 - Has not been using iron regularly
- On Depa-Provera (medroxyprogesterone injection q 3 months to inhibit ovulation)
- Notes occasional numbness in L hand x 1 month
- Fam HX: +Lupus



•BCVA: OD 20/20 OS 20/20

•Color: 7/7 OD, 7/7 OS

•PERRL (-) RAPD OS

•CF: full OU

•Palpebral apertures: 9 mm OD and 9 mm OS

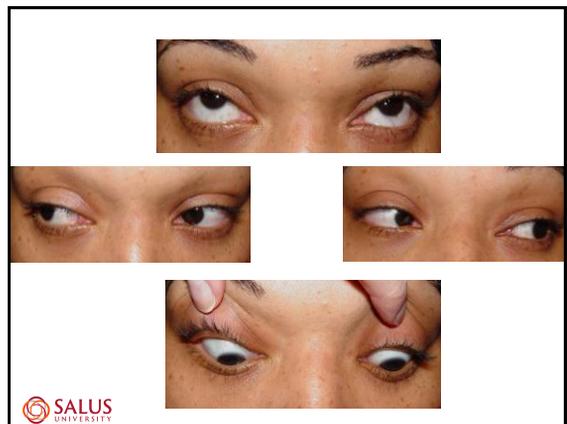
•Exophthalmometry: 21 mm OD and 20 mm OS

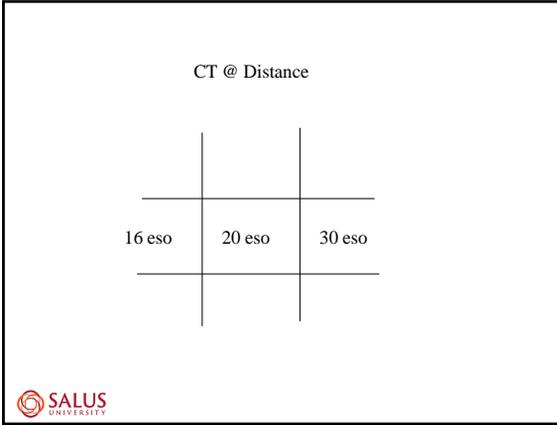
•Normal anterior segment health OU

•Normal GAT, BP

•Normal DFE

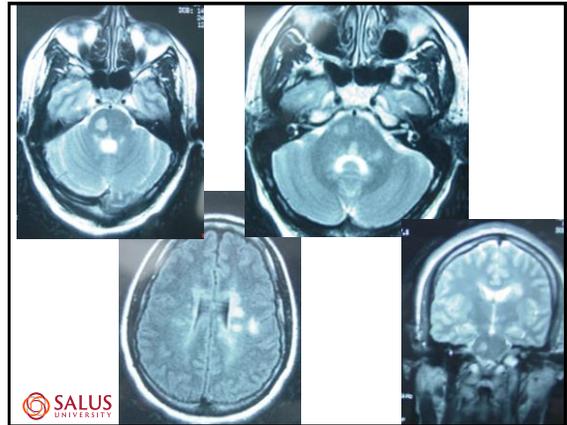
•Neurologic exam: ? Difficulty with tandem gait





Potential Labs for Diplopia

- CBC, platelet
- C-reactive protein, ESR
- Lyme titer (if + get Western blot IgG and IgM)
- ANA with reflex titer
- ACE
- RPR
- FTA-ABS
- Acetylcholine Receptor Antibodies (binding, blocking, modulating)
- Thyroid studies (TSH, T3, T4, thyroid stimulating immunoglobulin, thyroperoxidase antibodies, thyroglobulin antibodies)

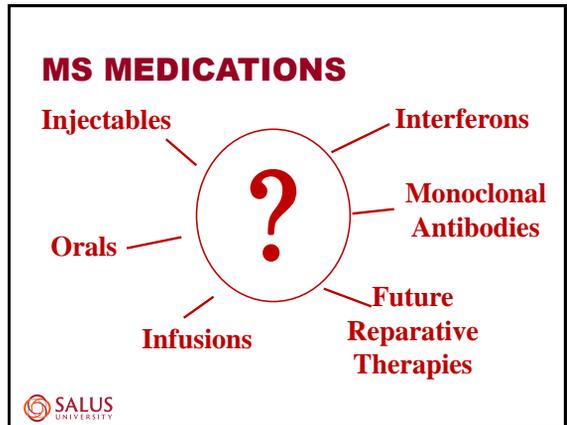


WHAT ARE THE MRI DIAGNOSTIC CRITERIA FOR MS? MCDONALD CRITERIA (REVISED IN 2017)

Summary of 2017 McDonald Criteria for the Diagnosis of MS

NEED TO SHOW DISSEMINATION IN SPACE AND TIME!

CLINICAL PRESENTATION	ADDITIONAL CRITERIA TO MAKE MS LIKELY
<p>...in a person who has experienced a typical attack/CIS at onset</p> <ul style="list-style-type: none"> • 2 or more attacks and clinical evidence of 2 or more lesions, OR • 2 or more attacks and clinical evidence of 1 lesion with clear historical evidence of prior attack involving lesions in different locations 	<p>Name: DIS and DIT have been met</p>
<p>• 2 or more attacks and clinical evidence of 1 lesion</p>	<p>DIS shown by age of these criteria</p> <ul style="list-style-type: none"> - additional clinical attack implicating different CNS site - 1 or more MRI typical T2 lesions in 2 or more areas of CNS: periventricular, cortical, juxtacortical, infratentorial or spinal cord <p>DIT shown by age of these criteria</p> <ul style="list-style-type: none"> - Additional clinical attack - Simultaneous presence of both enhancing and non-enhancing MRI typical MRI lesions, or new T2 or enhancing MRI lesions compared to baseline scan (without regard to timing of baseline scan) - CIS oligoclonal bands
<p>• 1 attack and clinical evidence of 2 or more lesions</p>	<p>DIS shown by age of these criteria</p> <ul style="list-style-type: none"> - Additional clinical attack - Simultaneous presence of both enhancing and non-enhancing MRI typical MRI lesions, or new T2 or enhancing MRI lesions compared to baseline scan (without regard to timing of baseline scan) - CIS oligoclonal bands <p>DIT shown by age of these criteria</p> <ul style="list-style-type: none"> - additional clinical attack - Simultaneous presence of both enhancing and non-enhancing MRI typical MRI lesions, or new T2 or enhancing MRI lesions compared to baseline scan (without regard to timing of baseline scan) - CIS oligoclonal bands
<p>• 1 attack and clinical evidence of 1 lesion</p>	<p>DIS shown by age of these criteria</p> <ul style="list-style-type: none"> - Additional clinical attack implicating different CNS site - 1 or more MRI typical T2 lesions in 2 or more areas of CNS: periventricular, cortical, juxtacortical, infratentorial or spinal cord <p>AND</p> <p>DIT shown by age of these criteria</p> <ul style="list-style-type: none"> - additional clinical attack - Simultaneous presence of both enhancing and non-enhancing MRI typical MRI lesions, or new T2 or enhancing MRI lesions compared to baseline scan (without regard to timing of baseline scan) - CIS oligoclonal bands
<p>...in a person who has steady progression of disease since onset</p> <p>1 year of disease progression (pathognomonic or progressive)</p>	<p>DIS shown by at least 1 of these criteria</p> <ul style="list-style-type: none"> - 1 or more MRI typical T2 lesions (periventricular, cortical, juxtacortical or infratentorial) - 2 or more T2 spinal cord lesions - CIS oligoclonal bands
<p>DIS = Dissemination in time DIT = Dissemination in space</p>	<p>CIS = cerebral infarction system T2 lesions = hyperintense lesion on T2 weighted MRI</p> <p>CSF = cerebrospinal fluid</p>



SOME MS MEDS HAVE BEEN ASSOCIATED WITH MACULAR EDEMA

- SPHINGOSINE 1-PHOSPHATE RECEPTOR MODULATORS
 - Fingolimod
 - Siponimod
 - Ozanimod
 - Ponesimod

The American Academy of Ophthalmology has recommended a complete ophthalmologic exam (ophthalmoscopy with evaluation for macular edema / OCT)

- at baseline
- 3-4 months after medicine initiation
- repeat evaluation 6 months later
- then annually thereafter



THESE ARE ALL ORAL MEDICATIONS



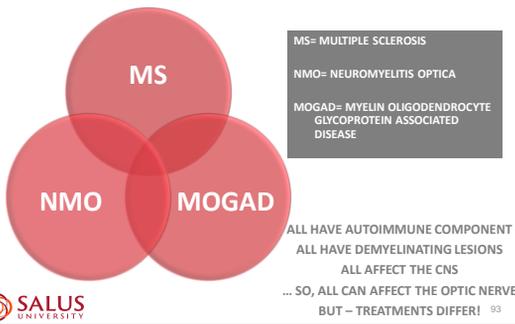
This case reminds us...

We tend to think of MS affecting the AFFERENT visual system.

MS effects the EFFERENT visual system as well!



DEMYELINATING DISEASE DILEMMA



Work-up for Neurodegenerative Demyelinating Diseases

Multiple Sclerosis (Labs only to R/O other conditions)	NMOSD	MOGAD
(There is NO specific serum test for Multiple Sclerosis)	AQP4-igg Cell based assay recommended	Anti-MOG antibody Cell based assay with full length human MOG target antigen
ACE- Angiotensin Converting Enzyme (serum)	} These should still be ruled out	} These should still be ruled out
FTA-ABS Fluorescent Triphenyl Antibody test Absorption test (syphilis)		
RPR – Rapid Plasma Reagin (syphilis)		
ANA- Antinuclear Antibody (Autoimmune Disease)		
Lyme titer or Western Blot (Lyme disease)		
If any are positive , consider alternate etiology instead of MS or any other demyelinating disease.	If positive , then only 1 core clinical feature is required (optic neuritis, acute myelitis, area postrema syndrome, acute brainstem syndrome, acute diencephalic clinical syndrome, symptomatic cerebral syndrome)	If positive , then one clinical event typically associated with MOG antibody is required (optic neuritis, myelitis, ADEM, cerebral monofocal or polyfocal deficits, brainstem or cerebellar deficits, cortical atrophy/atrophy often with seizures)
If all negative (and no indication of NMOSD or MOGAD), then consider MS based on neuroimaging and revised McDonald Criteria demonstrating dissemination of CNS lesions in both space and time.	If negative , then 2 core clinical characteristics and their specific MRI qualifications (fulfilling dissemination in space) are required, one of which must be either optic neuritis, acute longitudinally extensive transverse myelitis, or area postrema syndrome.	If negative , and MOGAD still suspected, repeat the test (during an acute attack, a time of treatment-free intervals, or 1-3 months after plasma exchange, IVIG, or steroid treatment).



New MOGAD Diagnostic Criteria - 2023

- Published in The Lancet Neurology on January 24th, 20231.
- Patients with low positive serum MOG-Ab titers can be diagnosed with MOGAD if they possess at least one supporting clinical or MRI feature.
 - bilateral simultaneous optic neuritis
 - longitudinally extensive spinal cord
 - optic nerve involvement
 - a conus lesion
- Supporting features can also be applied to patients with positive MOG-Ab results without reported titers and patients with negative serum but positive cerebrospinal fluid (CSF) MOG-Ab.

Overview of Neurodegenerative Demyelinating Diseases

	Multiple Sclerosis	NMOSD	MOGAD
Pathophysiology	Microglia activation and cascade of oxidative and mitochondrial injury	Antibodies targeting AQP4 water channels	Antibodies targeting MOG proteins on oligodendrocytes
Frequent MRI Optic Neuritis Features	Unilateral, short-segmented	Bilateral, long-segmented	Bilateral, long-segmented
Typical Visual Prognosis	Good (varies by subtype)	Poor	Good
Optic Neuritis Treatment	IVMP- followed by short oral taper	IVMP-followed by short oral taper Adjunct Therapy- IVIG and PLEX	IVMP- followed by long oral taper Adjunct Therapy- IVIG and PLEX
Demyelinating Disease Treatment	Immunomodulator	Immunosuppressant	Immunosuppressant

Overview of Neurodegenerative Demyelinating Diseases





CASE 6

CASE: 63 year-old woman

- Sudden onset diplopia x 5 days
 - At distance and near
 - Horizontal and diagonal
 - Worse in right gaze
 - Resolves with covering either eye
- Headache 2 days ago
 - Above right eye, frontal



• SYSTEMIC HEALTH

- Diabetes x 15 years
- Hypertension x 15 years
- Hypercholesterolemia
- Arthritis
- s/p stroke x 3 (last 5 years ago)
 - Residual weakness
- Medications
 - Naprosen, Detrol, Minocycline, Enalapril, Nefedipine, Aggrenox, Alendronate, Metformin, and Pravastatin.

• OCULAR HISTORY

- Cataracts
- Glaucoma (longstanding)
 - s/p PI OU
 - Supposed to be on Cosopt and latanaprost
 - Ran out of meds yesterday

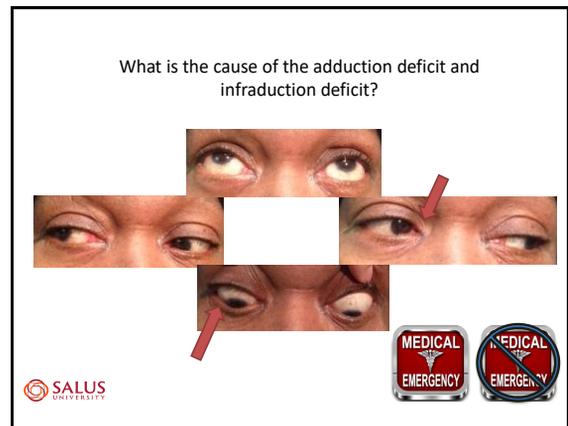
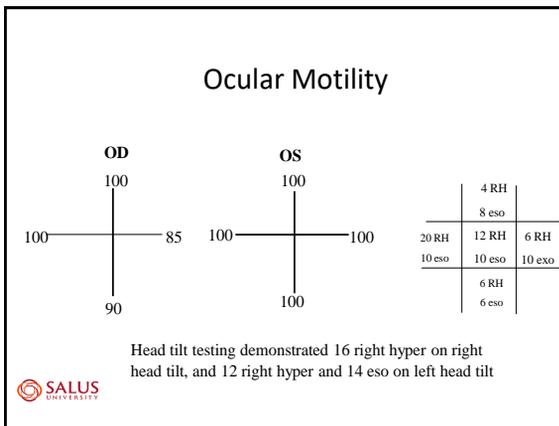
• SOCIAL HISTORY

- Smokes 3-4 cigarettes / weekend x years
- Few beers per weekend



- VA: 20/25 OD 20/30 OS
- Color 14/14 OD 14/14 OS
- (-) RAPD, anisocoric
- Bright: 3 OD, 2.75 OS dim: 4 OD, 3.75 OS
- CF: full OU
- Palpebral apertures: 7 mm OD 7 mm OS
- IOP: 20 mm Hg OD, 21 mm Hg OS
- DFE: Large cupping OU
- (-) edema OU , (-) pallor OU
- Neurologic examination
- BP: 178/94, pulse 50bpm





What is the cause of the adduction deficit and infraduction deficit?

- CN III Palsy
- Thyroid Orbitopathy
- Myasthenia Gravis
- INO and Skew Deviation



What is the cause of the adduction deficit and infraduction deficit?

- CN III Palsy
 - Negative forced duction test
- Thyroid Orbitopathy
 - Positive forced duction test
- Myasthenia Gravis
 - Negative forced duction test
 - Fatigue
- INO and Skew Deviation
 - Abducting nystagmus
 - Higher eye intorted, Lower eye extorted
 - Negative forced duction test



Double Maddox rod testing :
 - 15-20 degrees of incyclotorsion OD
 - 15-20 degrees of excyclotorsion OS

CONFIRMS SKEW DEVIATION!



- **INO / Skew**
 - Likely secondary to stroke
 - In setting of elevated BP and low pulse
- Admit to hospital for emergent work-up
 - MRI
 - **Acute brainstem lesion noted**

INTERNUCLEAR OPHTHALMOPLÉGIA MOST COMMON ETIOLOGY

OLDER PATIENTS

- VASCULAR / STROKE

YOUNGER PATIENTS

- DEMYELINATING

**ANY BRAINSTEM MOTILITY
 PROBLEM IN OLDER PATIENT,
 ALWAYS NEED TO R/O STROKE.**



CASE 7



76 Year-Old Woman



- Complaint of diplopia and ptosis
- Arthritis
- GERD
- Osteoporosis
- Denies Diabetes, Hypertension, Hypercholesterolemia
- Meds: Alendronate, Allegra, Caltrate + D3, Centrum Silver, Colase, Omeprazole



EXAM RESULTS

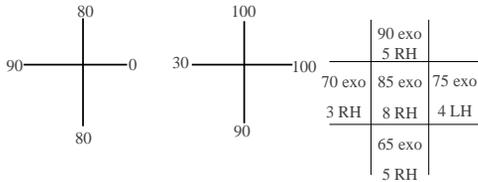
- VA 20/20 OD 20/25 OS
- Color (Ishihara): 14/14 OD, 14/14 OS
- PERRLA (-) RAPD
- CF: full OU
- Exophthalmometry: 20 OD 20 OS
- BP: 118/64
- Normal SLE, IOP, and DFE



Bilateral Adduction Deficit



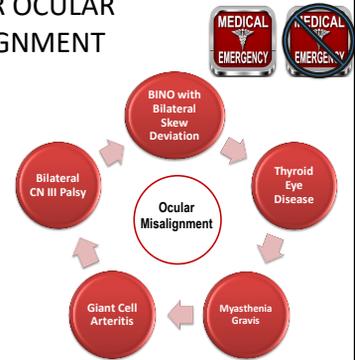
Ocular Motility



DDX FOR OCULAR MISALIGNMENT

- Looks like a Bilateral Internuclear Ophthalmoplegia (BINO) with Bilateral Skew Deviation
 - Seen in MS or stroke
- What would be the management plan?
 - Send to the ER to rule out acute brainstem stroke

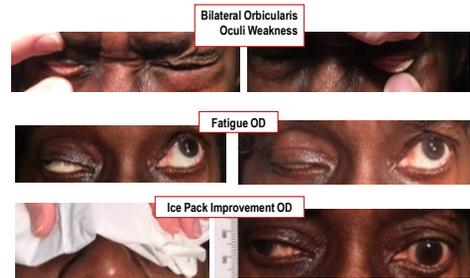
BUT...



- How do we explain the ptosis if this is a BINO and skew deviation?



Additional In-Office Testing



Need to consider myasthenia gravis in ALL cases of diplopia! ... and in ALL cases of ptosis!



- Patient later admits to other symptoms:

- Swallowing difficulty
 - X 6 months
 - She scheduled an ENT appt
 - Has had difficulty swallowing liquids
 - Has choked on food

- Denies any breathing difficulty or weakness

Acetylcholine Receptor Antibodies



Chest CT scan



Work-Up for MG

Acetylcholine Receptor Antibodies



Single Fiber EMG of orbicularis oculi



Chest CT scan



Treatment

- Was treated with Mestinon 60 mgTID
 - did not provide sufficient relief of symptoms
 - Mestinon was discontinued
- She was put on Prednisone with a gradual increase in dosage over several weeks, up to a maximum of 60mg of Prednisone QD
 - Once her symptoms improved, her dosage was tapered



IMPROVEMENT ON FOLLOW-UP



MG TREATMENTS

SYMPTOMATIC TREATMENT

- Acetylcholinesterase Inhibitors

CHRONIC IMMUNOSUPPRESSIVES

- Glucocorticoids
- NSAIDS

RAPID, SHORT-ACTING IMMUNOMODULATORS

- PLEX
- IVIG

SURGICAL TREATMENT

- Thymectomy



WHO GETS MG? ANYONE!

- PEAK INCIDENCE (generalization)
 - YOUNGER WOMEN (15-20)
 - But, occurs in older women as well!
 - OLDER MEN (50-60)
 - But, occurs in younger men as well!
- OVERALL F:M 2:1
- UNDER 30: F:M 4.5:1
- Can occur at any age!



MYASTHENIA GRAVIS

- 60-70% present initially with ocular signs
- 90% of all myasthenics have ocular signs
- 15% will ONLY have eye signs (OCULAR MYASTHENIA)

Causes painless, variable diplopia and ptosis

- Ocular muscles include levator, orbicularis oculi and EOMs
- Does not affect pupils (no voluntary muscle)

While ocular MG is not a medical emergency, some cases of MG (bulbar symptoms, myasthenic crisis) can be emergent!



CASE 8

66 Year-old man



- Sudden onset blurry vision x 4 days
- "glare" in left gaze, no diplopia
- Wife notes - OS sometimes turns in
- Examined at ER, told BP (190/90) cause of blur
- HTN x10 yrs, prostate CA-chemo q 3 m – no surg/rad
- HCTZ, Nifedipine, unspecified chemo agent
- Denies eye / head pain, neuro or GCA symptoms



VA: OD 20/30
OS 20/25
Pupils isocoric, (-)RAPD
CF: OD full OS full
Color: OD 14/14 OS 14/14
Exophthalmometry:
- OD 23mm OS 22mm
SLE: mild cataracts
DFE: unremarkable

CT @ Distance

20eso	30eso	45eso
-------	-------	-------

- Slowed saccades to left OS
- Negative forced duction test OS

NEUROLOGIC EXAMINATION

CN V, VII – XII intact

Motor, sensory, coordination testing unremarkable

Left Abduction deficit +
Slowed Abducting saccades +
Negative Forced Duction Test
= Neurogenic CN VI Palsy

Could be vasculopathic, **BUT** need to R/O other etiology, especially mets due to prostate CA, pontine stroke, and GCA!



Prostate CA metastasis to clivus



- S/P radiation treatment to involved areas
- Now 90 % normal abducting capacity OS

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BRAIN METASTASES

- **Location of Brain metastases**
 - Based on **blood supply**, since the metastases occurs through the bloodstream
 - **Cerebrum** (80-85%)
 - **Cerebellum** (10-15%)
 - Renal cancer
 - GI cancer
 - Pelvic cancer
 - **Brainstem** (3-5%)
- **Number of Brain metastases**
 - **Isolated**
 - Thyroid cancer
 - Colon cancer
 - Renal cancer
 - **Multiple**
 - Melanoma
 - Lung cancer
 - Breast cancer

If there appears to be an isolated brain metastasis on CT, there are often found to be multiple mets on MRI

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BONE METASTASES

- Primary bone cancers (to cause neuro-ophthalmic manifestations) are rare
- Bone mets are associated with lytic lesions and pain
- **Sites of Origin**
 - **Prostate**
 - **Breast**
 - **Lung**
- **Sites of metastases** (to cause neuro-ophthalmic disorder)
 - **Clivus**
 - **Other regions of skull base**

Lytic lesions involve destruction of bone.

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CASE 9

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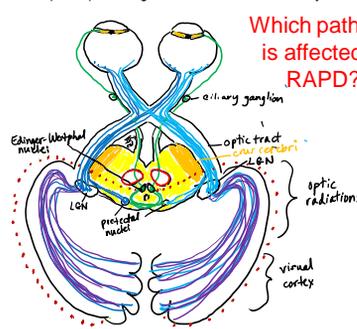
77 year old man

- Reports 3 week history of blurred vision OD
 - Notices especially when reading
 - Right-sided weakness
- Visual acuities 20/20 OD 20/20 OS
- PERRL (trace +) RAPD OD
- Confrontation fields: right homonymous hemianopia denser superiorly
- Medical history
 - Hypertension

How Does The RAPD Help With Localization?

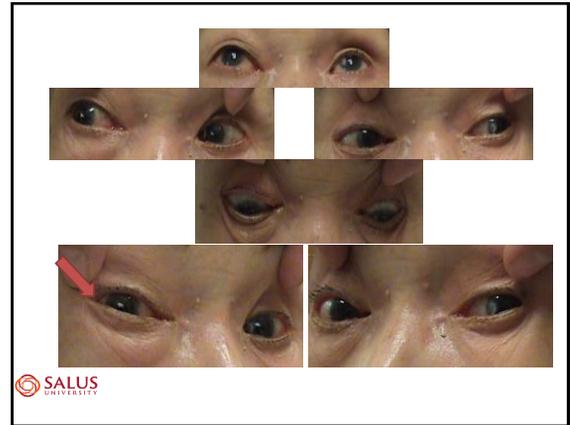
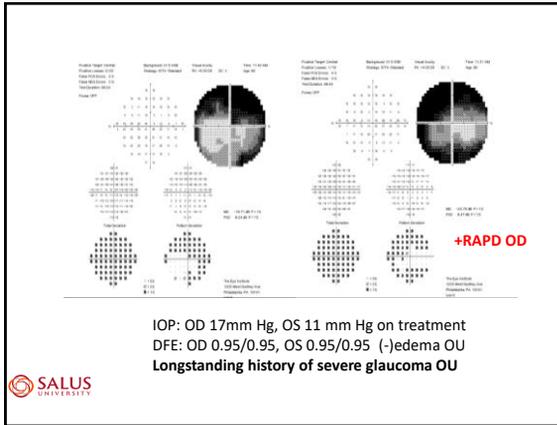
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Super-imposed Light, Near, and Visual Pathways



Which pathway is affected in RAPD?

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DDX of Painless Proptosis

- Lymphoma **
- Sarcoidosis
- Tuberculosis
- Granulomatous Polyangiitis (Wegener's)
- Other Orbital Mass (cystic, neoplastic, neural, vascular, fibrosing, lymphoid)
- IOIP (Pseudotumor)

Exophthalmometry:
 OD 13mm OS 9mm

We ordered MRI

Orbital Lymphoma

S/P biopsy & radiation

- Always consider cancer as an etiology for any afferent and efferent neuro-ophthalmic presentation!
- It could be a primary or secondary cancer...

CASE 11



- 69 year-old man
- c/o right eye redness x 10 days
- No pain
- Horizontal diplopia in right gaze x 3 days



- VA: 20/20 OD, 20/20 OS
- Color: 14/14 OD, 14/14 OS
- PERRLA (-) RAPD
- CF: full OU
- Palpebral apertures: 5mm OD, 8mm OS
- Levator function: 15mm OD, 20mm OS
- Exophthalmometry: 25mm OD, 21mm OS



- Slit lamp exam
 - Grade 2 conjunctival injection OD
 - R upper lid edema
 - R lacrimal gland enlargement
- IOP: 20 OD, 18 OS
- BP: 135/80
- DFE: 0.2 x 0.2 cupping OU
- (-) edema (-) pallor

Remember the DDX for lacrimal gland enlargement from NOD2!

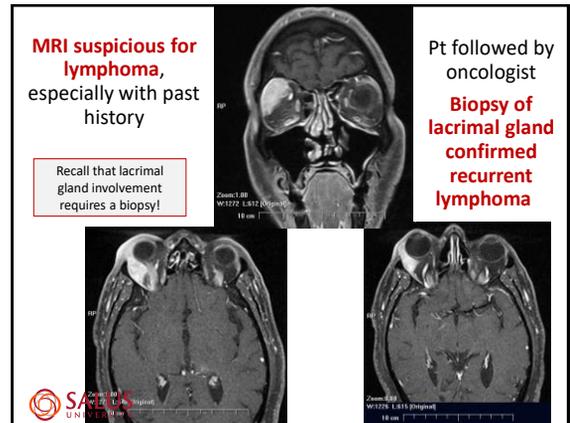
Knowing that helps to understand what questions you need to ask.



- History of Non-hodgkin's lymphoma 8 years prior
- affecting right leg/groin region(s/p surgery)

Once we know this information, lymphoma becomes our leading differential diagnosis.

So, what is our A/P?



- Even when patients present due to a red eye, we need to look for early signs of proptosis or motility issues to suggest an orbital process.



CASE 12

48 YEAR-OLD MAN

- Swollen eyelid OD x 2 weeks
- Worse in the am
- Ocular irritation OD x 2 weeks prior
- Feels hard nodule on upper lid
- Right upper lid getting droopy
- (-) eye pain
- (-) headache
- (-) diplopia



- Rash around both eyelids, on and off x few years
- Now similar lesions on back of neck
- Denies any recent infections
- Had a cat with fleas (house fumigated)
- Was caring for a family member with HIV





- Medical history unremarkable
- Social alcohol use
- Denies tobacco or drug use
- Saw eye doctor last week
- Rx'd Keflex, Claritin and cold compresses
- No significant improvement

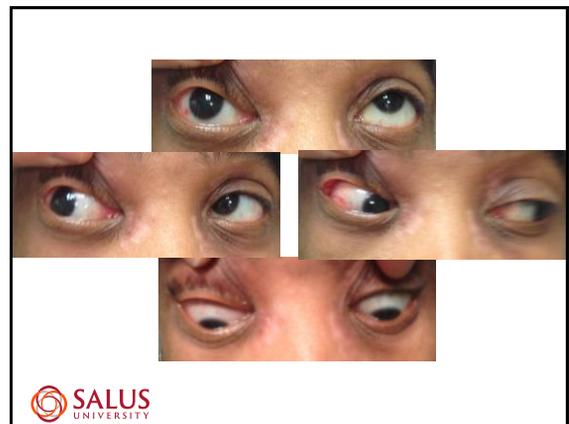


EXAMINATION RESULTS

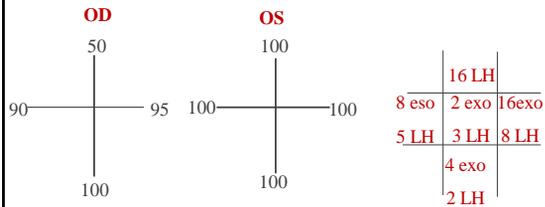
- VA: OD 20/25 OS 20/20
- Color (Ishihara): OD 0/14 OS 0/14
- Pupils: PERRL (-) APD OS
- CF: Full OU
- IOP: OD 23 mm Hg OS 19 mm Hg



Exophthalmometry: OD 24 mm, OS 20 mm
 Palpebral apertures: OD 3 mm, OS 10 mm
 Levator Function: OD 9 mm, OS 19 mm



OCULAR MOTILITY



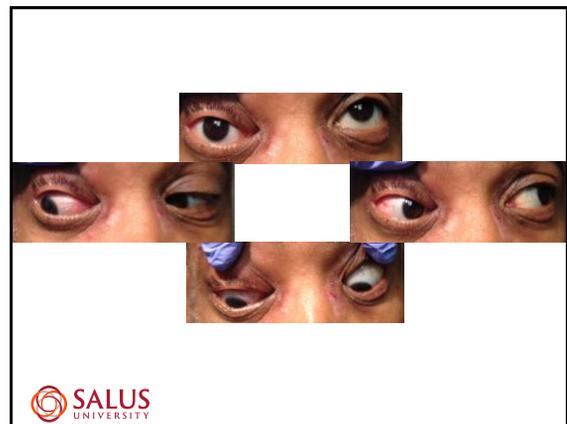
WORK-UP

- Recommend lab tests and imaging
- Pt was in the process of getting insurance
- Wants to wait until end of month to do testing; should have insurance then
- Refuses any work-up or additional referral
- Will do tests and return early next month



FOLLOW-UP 2-3 WEEKS LATER

- Didn't do any tests
- Still no insurance; may take another month
- Skin lesions worsened
- Went to a free clinic; given ointment
- Still unable to fully open OD
- Vision remains good



Differential Diagnoses

NON-SPECIFIC ENHANCING ORBITAL MASS:

- Idiopathic Orbital Inflammatory Pseudotumor
- Orbital Lymphoma
- **Orbital Sarcoid**
- Orbital Tuberculosis
- Granulomatous Polyangiitis (a vasculitis)
- Eosinophilic Granulomatous Polyangiitis
- IgG4 and IgG4 related disease



SARCOIDOSIS

- Inflammatory disease characterized by the growth of tiny collections of inflammatory cells (granulomas) in any part of the body
 - lungs
 - lymph nodes
 - eyes
 - skin
 - heart
 - brain
 - other organs



- Needs work-up ASAP
- Need to R/O lymphoma, sarcoid, etc
- Since no insurance, patient went to ER
- Biopsy ultimately confirmed sarcoidosis



Importance of Understanding Orbital Anatomy - Enlarged Lacrimal Gland and Skin Lesions

- Skin lesions give a clue as to the pathology; also easy access for biopsy
- Commonly see associated skin lesions in both sarcoid and Lupus
- Cutaneous involvement occurs in 20-35% of patients with systemic sarcoidosis



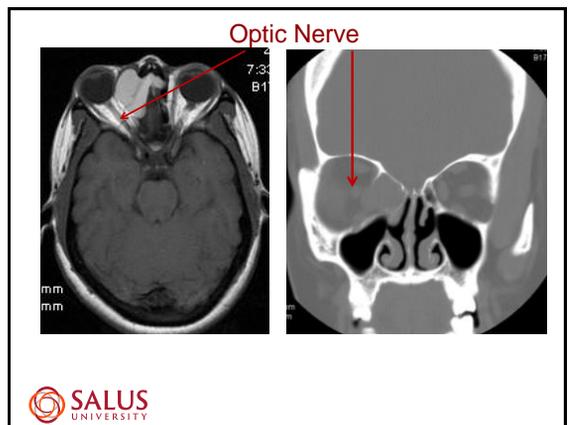
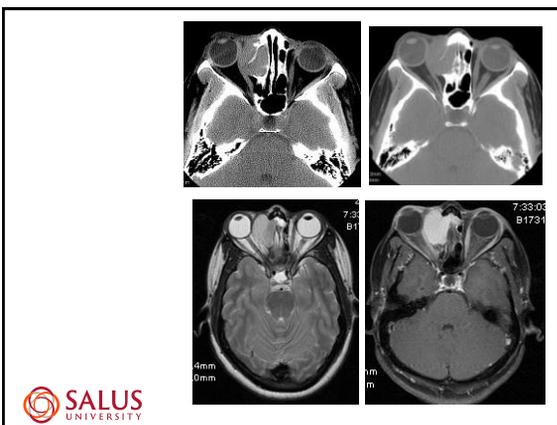
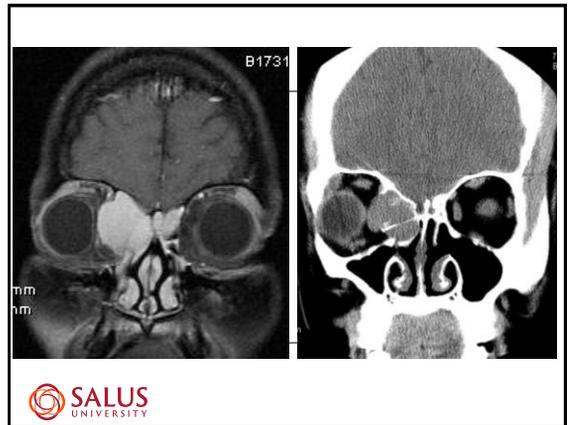
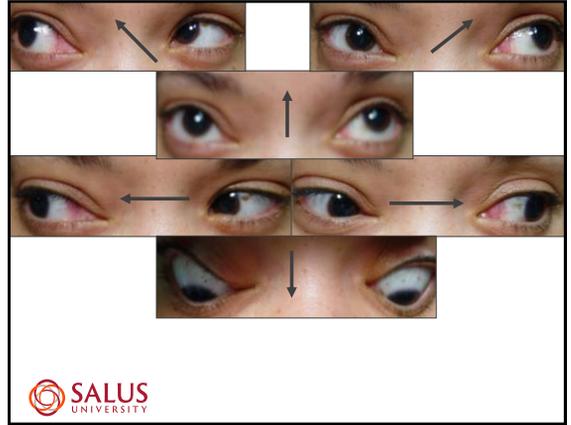
CASE 13



39 year-old woman

- c/o facial asymmetry (superior nasal bump OD x 1 yr)
- Diplopia – is getting worse
- Told past eye doctor (a year ago) & PCP of symptoms
 - no work-up done (was told nothing to worry about!)
- S/p right endoscopic sinus surgery 10 years prior
- No history of thyroid dysfunction; health otherwise unremarkable

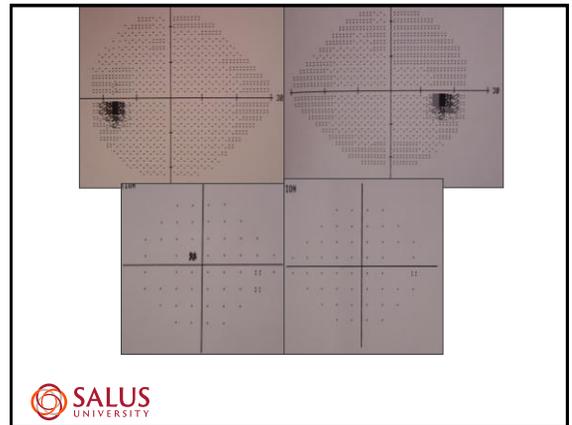
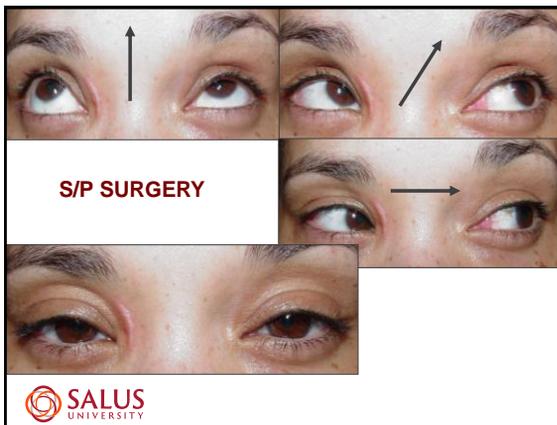






Importance of Understanding Orbital Anatomy - Mucocele

- Knowing this was not a more typical cause of diplopia due to the facial disfigurement
- Realize the localization of the source to the ethmoid and frontal sinuses (the bump present for the past year)
- Understand the increased likelihood of mucoceles with a history of sinus surgery
- Recognize the need for urgent surgery to prevent vision loss from optic nerve involvement, as well as rupture and spread of infection



Meningoencephalocele

- A meningoencephalocele is a protrusion of the meninges and the brain through a defect in the cranium.
- The most common causes of intraorbital encephaloceles are trauma, tumors, and congenital malformations.
- Most patients who develop intraorbital encephalocele after trauma develop pulsatile exophthalmos, usually within 1 year.



THANK YOU.

ANY QUESTIONS?

